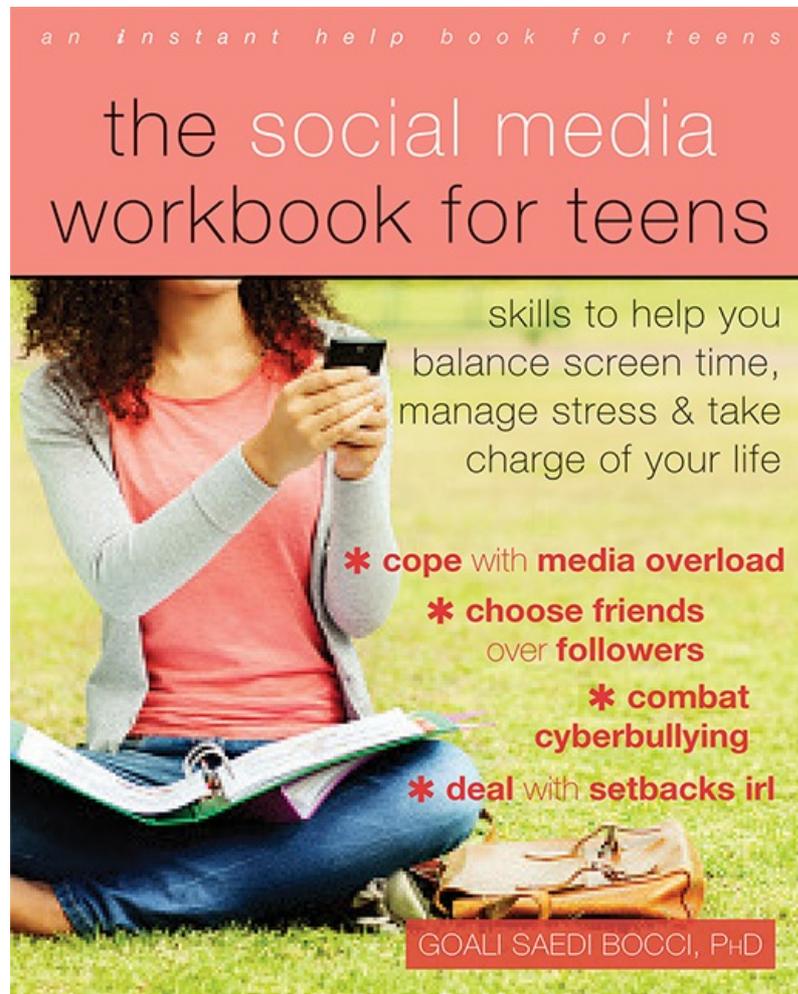


**Dr. Saedi's New Book Out March 1st
Available for Pre-Sale on Amazon Now!**



Greetings and welcome to the first quarterly Glisten Newsletter!

We are so excited to present our first ever newsletter in an effort to better keep you updated and share some practice highlights throughout the year. We also promise not to spam your accounts and limit such newsletters to once per quarter.

The first major news we are thrilled to share is that Dr. Saedi's book is finally ready to hit the press! Toward that end, you can also catch her on KATU Channel 2's *AM Northwest* morning television show Thursday, February 28th at 9 am live talking about the book. It features the best of many of the tools Dr. Saedi uses regularly in her practice all in one place. Further, we are thrilled at the opportunity to extend our work beyond the office whenever possible. So thank YOU for your support and making this resource possible!

Finally, although many of you have discovered this on your own, the website went through a major overhaul over the last year. It now features links to a YouTube channel, Dr. Saedi's *Psychology Today* column, and much more. Our goals were to provide an enhanced user experience and an abundance of resources and we are very pleased at how it all turned out. Feel free to browse the new site at www.glistencounseling.com.

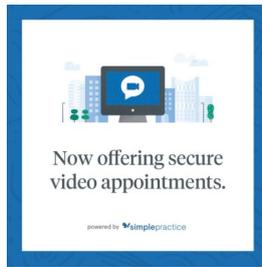
[Click here to pre-order Dr. Saedi's newest book today!](#)



Oregon Psychological Association 2019 Public Education Award Recipient

Dr. Saedi was selected as the recipient of the OPA's annual Public Education Award for her efforts in public service.

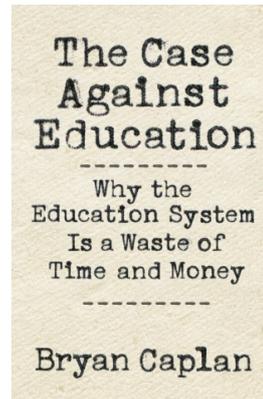
[Read more about this honor here...](#)



Tele-health Sessions Available!

Exciting news! Simple Practice now offers HIPAA-compliant secure video appointments. In the event of illness or other circumstances, feel free to change the office [location](#) to **Telehealth: Video Office** and you are set!

[Schedule today!](#)



Currently on Dr. Saedi's bookshelf...

During her "fun" time, Dr. Saedi loves to read and continually learn from diverse viewpoints. On top of her current reading stack is this controversial, thought-provoking title.

[Read about the book on Amazon.](#)

Glisten Counseling
4800 S.W. Meadows Road, Suite 300
Lake Oswego, OR 97035
info@glistenconsulting.com



This email was sent to {{ contact.EMAIL }}
You received this email because you are registered with Glisten Counseling

[Unsubscribe here](#)

Sent by



© 2018 Glisten Counseling